Exploring Professional Development Opportunities
Responsibility-Centered Discipline  
Basic Skills for Working with Difficult Students  (Louisville)

This training focuses on helping children take responsibility for their behaviors and learning. It addresses behaviors from apathetic students, attention seekers, and hostile students.

RCD is based on the “Give ‘em Five” method of addressing unwanted behaviors.

- Support
- Expectations
- Breakdown
- Benefit
- Closure
“Give ‘em Five”

This method works to address all levels of discipline problems. It’s five simple steps that work. Using this process consistently helps students learn to take responsibility for their behaviors, and allows them to see the benefits of controlling their behavior. It focuses on classroom expectations and helping the student identify where they did not meet particular expectations.

RCD works well with ALL GRADE LEVELS!!!!!! And it’s flexible enough to use with all students. It teaches children to solve their own behaviors and problems.

Contact info: AccuTrain Corporation
208 Ash Avenue  Suite 103
Virginia Beach, VA 23452
800-251-6805
www.givemfive.com
info@accutrain.com

New schedule of conferences will be out in August.
Defiant, Manipulative & Attention-Seeking Students Seminar Agenda

The Paradigm Shift in School Discipline

• Obedience-Based vs Responsibility-Based
• Essentials of a Successful Learning Environment
• Why Many School Discipline Methods Fail
• What Impacts Student Learning the Most
• Developing Self-Regulation Skills
• Keys 4 Conversation

Insights, Tips, & Strategies for Dealing with Difficult Students

• Clear Expectations
• Consistency
• Benefits for Changing Behavior
• Response-Ability
• Emotional Control
• Leadership in Challenging Moments
Becoming a Master of Challenging Moments with Students

- Five Key Steps for Transferring Behavior Ownership to the Student
- Employing “Guided Conversations” to Address Critical Moments with Students
- Building Your Personal Guided Conversation
- Relying on Foundations
- Do’s and Don’ts for Establishing Student Responsibility

Tying it All Together

- Working with Four Types of Difficult Students
  - Defiant Students
  - Apathetic Students
  - Attention-Seeking Students
  - Manipulative Students

- Roadmap to responsibility
- Closing the Six Common Exits
Youth Mental Health First Aid USA  
(KDE in Frankfort)

This workshop was designed for adults who work with and assist young people. It focuses on helping the “average Jo” recognize and understand mental illness in youth. It is geared toward helping you get through a mental health crisis in your classroom, and then referring the child for help.

Most common mental illnesses among children between the ages of 13 and 18:

- Psychosis (rate is increasing due to drug epidemic)
- Anxiety disorders (most common; 31.9 %)
- Eating disorders (3%)
- Depression
- Behavioral Disorders (19.1%)
- Mood Disorders (14.3%)
Did You Know?

11% of school age children have been diagnosed with ADHD.

Trauma often presents with many of the same symptoms as ADHD.

Most children get their information regarding mental health from their peers and media. NO BUENO!!!!!!

Young people have more stress in their life than ever before. 24/7 media causes digital stress. Phone is on 24/7 because of stress that we will miss something. Young people (and some older ones as well) constantly stress because they have to manage their reputation via social media.

Half of people with a diagnosed mental illness had an episode before the age of 14.

Substance abuse is causing more mental health crisis than ever before.
Suicide Prevention

This part of the training helps you identify students who are at risk of suicide. It covers:

- Factors for Risk of Suicide or Harm
- Assessment for Risk of Suicide or Harm
- Physical, Emotional, and Behavioral Signs to Look for
- Self-injury
- Tips for Conversations with Students When You Are Concerned
- How to Talk to Someone Who is Suicidal
- How to Encourage Appropriate Professional Help

- Tim’s Law- Allows Kentucky family to have a relative in mental health facility up to a year

- Mandatory Reporting Law- If you feel like someone is a danger to themselves or others, you are required by law to report this information. Each school generally has a protocol for this.
Youth Mental Health First Aid USA

www.MentalHealthFirstAid.org

This PD is being offered in the following location in or close to Kentucky this year:

- Mt. Sterling
- Liberty
- Louisville
- London
- Cincinnnnati
Win – Win Discipline
Presented by Kagan in Lexington

This workshop takes an in-depth look at the causes of bad behaviors and apathy, and gives you proactive methods that help prevent these disruptions from occurring in your classroom.

It focuses on cooperative learning, tracking disruptive behaviors, and what causes students to display negative behaviors (attention-seeking, avoiding failure, angry, control-seeking, boredom, being over energetic, poor social/communication skills).

It also focuses on creating collaborative solutions with your students and helping them to learn to accept responsibility for their actions and success.

Gives you LOTS of resources and have others available for purchase, including collaborative learning activities, teambuilding strategies and activities, for ALL age groups and grade levels.
Kagan Publishing & Professional Development

Kagan Professional Development
981 Calle Amanecer
San Clemente, CA 92673
800-266-7576 or 949-545-6333
Email: Registration@KaganOnline.com
www.kaganonline.com

Upcoming trainings:

Burlington, KY  October 24th
Prestonsburg, KY  September 13th
Radcliff, KY  August 1st
Versailles, KY  October 1st, October 2nd
Williamstown, KY  November 5th

All workshops are $219.00, but scholarships are available, and the materials you get make it well worth it.
Behavior Institute
Presented Bi-annually in Louisville by the Kentucky Council for Children with Behavior Disorders, Kentucky Department of Education, Kentucky Division of Behavioral Health, and the Central Kentucky Special Education Cooperative.

This is the BEST conference I have ever attended!!!! It literally covers everything we encounter in alternative settings.

There are 105 different break out sessions to attend. Some of the topics include: Tiered instruction, being trauma informed, Tier 1 intervention instruction strategies, understanding ADHD, student behavior, classroom environment, neurobiology of trauma, social emotional strategies for engagement, teaching for remembering, social-emotional intelligence and teaching volatile boys, de-escalation strategies, Implementing PBIS for administrators, non-suicidal self-injury, how to combat bullying, trauma sensitive classroom strategies, social
reading strategies for reluctant readers, reactive attachment disorder, ADHD strategies, tiered systems of intervention, youth mental health first aid, talking to parents, angry students, cyberbullying, yoga and mindfulness, Autism and bullying, addressing needs for LGBTQ students, and much more.

This two day conference will be held again in June of 2019 in Louisville. Contact KY CCBD or KDE for information.
Yoga for Extraordinary Children
Presented through Kentucky Educational Development Cooperation

Children who have experienced chronic trauma become stuck in flight, fight, or freeze mode. Yoga is a science that comes from origins in India, that helps disengage the Sympathetic Nervous System and disengage that flight, fight, or freeze response. It also helps children turn off external stimuli for a while so they can focus on their mind and body.

Kentucky Educational Development cooperation
www.kedc.org
Benefits of Yoga:
• Balancing the nervous system (fight or flight)
• Balances the hemispheres of the brain
• Builds self-esteem
• Breath awareness turns the nervous system to rest and digest
• Focused relaxation
• Self-regulation
• Supports motor planning
• Withdrawal from external gratification (media stress)
• Sensory processing support which help rewire the trauma affected brain.
• Enhanced cognition by addressing different learning styles
• Reduction of stress & anxiety
• Overall fitness