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# The Rest of My Life

For Youth with Disabilities in Foster Care

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# Introduction

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This resource book came about because several young people who had lived in parental and foster homes their entire lives realized they were facing life after high school in a nursing facility because of lack of available adult supports in the community and confusion about how to get them.

As a result, P&A brought together staff of several agencies to figure out how to help people find the transition services they needed. The group pooled their knowledge about available programs to put together a resource book that could be used by young people with disabilities in foster care to transition successfully to adulthood.

Although the original purpose of this book was to help kids in foster care, it can be used by young people with disabilities anywhere who are looking at life after high school.

Thanks to the dedicated agency staff who worked on this book together: Representatives from the Division of Protection and Permanency, including the Out of Home Care Branch, Adult Protective Services Branch, Guardianship Branch, and Chaffee Independence Program; the Office of Vocational Rehabilitation; the Kentucky Department of Education; the Department for Mental Health and Mental Retardation Services, including the Brain Injury Services Branch; Chafee Independence Program, and

A special thanks to Reba McDonald, consumer and member of KYSAFF Inc., for sharing her personal experiences and ideas with this group.

## Process for transitioning out of the foster care system

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### Tip Sheet for Youth Transitioning through Foster Care

*From Cabinet for Families and Children online Protection and Permanency Manual, SOP 7E.2.8, revised 08/01/03. Formatting and punctuation have been standardized, but the text is the same. Footnotes are commentary and not part of the SOP. The manual in its entirety can be found at [manuals.chfs.ky.gov/dcbs\\_manuals/DPP/index\\_dpp.asp](http://manuals.chfs.ky.gov/dcbs_manuals/DPP/index_dpp.asp).*

*Tip Sheet for Youth, SOP 7E.2.8*

- I When a child first enters into commitment with the Cabinet
  - A. Medical or Nursing screening should occur within the first two days
    - 1. EPSDT (Early, Periodic, Screening, Diagnosis, and Treatment program will give initial screening tests to all children in the Cabinet. You must contact the local health dept. and enter the correct initials.
    - 2. First Steps Program will do evaluations of children from birth to age 3 (three)
  - B. A complete Physical Examination should be scheduled within the first two weeks
  - C. A Mental Health screening should occur within the first thirty (30) days
  - D. The school should give individual a complete and comprehensive evaluation before starting Special Education
- II If the child is diagnosed with mental retardation or developmental disability (physical)
  - A. Child should be placed on the Supports for Community Living (SCL) Future Planning List
    - 1. Complete Supports for Community Living application (MAP-620)
    - 2. Have a diagnosis of mental retardation or developmental disability
    - 3. Child should meet ICF/MR level of care
    - 4. Secure a physician's statement or statement from a QMRP (Qualified Mental Retardation Professional) of medical necessity for the need for active treatment. Community MHMR center would be a resource to find QMRPs.
  - B. Send application to Department of Mental Retardation, SCL Waiting List Coordinator, 100 Fair Oaks Lane 4E-E, Frankfort KY 40601, phone number 502-564-7702
  - C. Application should be sent within thirty (30) days of MR/DD diagnosis

- D. Regional Office is to assist the SSW and caregiver in locating health resources that are available in the community to meet this requirement
- III** If Child is showing signs of a Severe Emotional Disability while in the home contact Kentucky IMPACT (502-564-7610)
- IV** From the ages of twelve (12) years to fifteen (15) years the child should be working on
  - A. Independent Living Soft Skills in the Foster Home
    - 1. Problem Solving
    - 2. Anger Management
    - 3. Decision Making
  - B. Daily Living Skills
    - 1. Cooking
    - 2. Household Responsibilities
    - 3. Laundry
    - 4. Money Management
- V** When the child turns fourteen (14) years of age
  - A. Worker should verify that Individual Learning Plan (formerly called Individual Graduation Plan) has been started
  - B. Worker should contact school and ask to be invited to ARC (Admissions Release Committee) meeting
  - C. Worker should look for "Statement of Transition Needs" written on IEP
- VI** When the child turns fourteen (14) years of age
  - A. Worker should verify that Individual Learning Plan (formerly called Individual Graduation Plan) has been started
  - B. Worker should contact school and ask to be invited to ARC (Admissions Release Committee) meeting
  - C. Worker should look for "Statement of Transition Needs" written on IEP
- VII** If child has a MR/DD diagnosis at the first available case conference
  - A. Invite regular ed. teacher

- B. Special ed. teacher
- C. School counselor
- D. FRYSC representative
- E. CMHC representative
- F. Vocational Rehabilitation counselor
- G. Special ed. coordinator
- H. Foster parent
- I. Child if possible

**VIII** When the child turns 15.5 (fifteen and a half) years

- A. Should be referred to Independent Living Formal Life Skills classes
- B. Child should complete aptitude tests and job/interest surveys

**IX** When the child turns sixteen (16) years of age

- A. Independent Living Formal Life Skills classes curriculum
  - 1. Employment
  - 2. Money Management
  - 3. Community Resources
  - 4. Housing and Education
- B. Clients with "special needs" should also be given the opportunity to participate in Independent Living Classes
- C. Worker should observe and help coordinate child's Individual Learning Plan (ILP)
- D. Worker should contact school and ask to be invited to ARC meeting<sup>1</sup>
  - 1. If child has a disability worker should invite Department of Vocational Rehabilitation (DVR) to the meeting

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<sup>1</sup> Social workers are empowered by KRS 620.145(2)-(3) to ensure that children in the state's custody receive a free appropriate public education under federal special education and anti-discrimination laws.

2. During meeting worker should check and make sure a transition plan has been started
- X** When the child turns seventeen (17) years of age at the first available case conference
- A. Planning if needed for Chafee Independent Living Program Room and Board (See page 14 )<sup>2</sup>
  - B. Review Individual Graduation and Transition plans
  - C. Planning if needed for guardianship
  - D. Invite APS to conference to discuss available community resources
  - E. Invite Community Mental Health Center representative if client has mental health or mental retardation issues
- XI** At seventeen and a half (17.5) years
- A. Child should be indicating towards extending or ending commitment
    1. Should be written in case plan
    2. Should be entered as a pre termination agreement
  - B. If there are any future changes in the child's Title IV-E funding or Supplemental Security Income (SSI) when they turn eighteen (18) the worker should contact and notify the Regional Children Benefits Worker
  - C. If the child is disabled and the SSW feels the child has a continued need for support and the youth disagrees or is unable to give informed consent the child may have their commitment with the Cabinet extended by court order (KRS 620.140 (1)(d) and (KRS 2.015))
    1. Child must be mentally disabled or have a mental disability which impacts his/her ability to make informed life decisions and may require the on-going assistance of another in making life choices
    2. Court ordered extension of commitment should be sought even it child indicates they do not want to extend commitment

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<sup>2</sup> See also Appendix A, page 48.

3. SSW should present information to the GAL expressing concerns for the client's safety and protection if released from commitment with the Cabinet. GAL then petitions the Judge for extension of commitment on the child's behalf.
4. Extension of commitment for these children should be sought with or without agreement of the child for the protection of the child (KRS 2.015 and KRS 620.140 (1)(d))<sup>3</sup>

## **XII** When the child turns eighteen (18) years of age

- A. Child ends commitment or extends commitment for educational purposes
  1. Ends commitment
  2. Complete CQA prior to case closure
  3. SSW completes all necessary case closure documentation
  4. SSW develops an aftercare plan
  5. All appropriate TWIST fields are completed
  6. Child is informed they are eligible for General Adult Services for one year (As defined by KRS 209)
  7. Child is informed they can request to recommit within six (6) months of leaving Children Services
  8. Child can continue with Independent Living Programs (room and board)
  9. Child can still receive tuition waiver

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<sup>3</sup> This manual does not endorse extending commitment of individuals against their will. Further, although KRS 2.015 indicates that majority for children with disabilities is age 21 for purposes of care and treatment, youth with disabilities are legal adults under other statutes absent a guardianship. For example, education rights go to children at age 18 under the Individuals with Disabilities Education Act, 707 KAR 1:360, Sec. 10, and under the Family Education Rights and Privacy Act, 34 CFR 99.31(a)(8) (or at any age that the youth enters a post-secondary institution). Youth may vote at 18, US Const., Amend. 26. Under KRS 2.105, youth with disabilities are adults for such purposes as entering into contracts, getting married, and being criminally prosecuted. For purposes of Social Security benefits, adult re-determinations occur at age 18, 42 USC 1382c(a)(3)(H)(iii).

a) Worker notifies court two weeks prior of youth's release from commitment

10. Notifies youth ten (10) days before aging out that services are to be terminated

11. Worker informs youth of Education Training Voucher (ETV) funding

**B. Extends Commitment**

1. Client needs to negotiate the terms of the extension agreement between the client and the worker

2. The agreement should include the rights and responsibilities of the youth and the Cabinet with regard to employment, education, housing, finances and communication between youth and Cabinet

3. The agreement should be made part of the court record at the time of extension

4. If appropriate Chafee Independent Living Program services are offered

5. Child is eligible for Tuition Assistance.

**XIII** If the child decides to pursue post secondary education the following resources should be considered.

A. Federal and State financial assistance should be considered first. (PELL, KEES, CAP, K-TAG)

B. Tuition Waiver should be considered second. Tuition and mandatory fees are waived.

C. Tuition Assistance (for extended commitment only), Cabinet helps pay for books, food, housing, etc.

D. Independent Living Programs that provide support services

1. Before completing Tuition Assistance forms all sources of academic income should be considered (Scholarships, KEES, CAP, K-TAG, etc.)

2. Additional income is subtracted from tuition assistance totals

**XIV** When the child turns twenty (20) years of age at the first available Case Conference

- A. Services should be put into place that will take care of client's Payee, Case Management, Housing, etc.
  - B. For clients with MR/DD diagnoses that are on the SCL waiting list the search for potential SCL providers should be started
  - C. APS should be invited to familiarize themselves with case and discuss transition of services
  - D. Also, community partners that will provide for the needs of the client should be invited
- XV** When the child turns twenty (20) years and six (6) months the following should occur
- A. Worker should send letter to SCL Waiting List Coordinator requesting that child be placed on the emergency waiting list. Along with the written request, the worker needs to submit a complete and updated MAP-620 application to the SCL Waiting List Coordinator. If there are any questions about the client's eligibility for the SCL program, then the worker should include a current psychological.
  - B. If the child receives Supplemental Security Income (SSI) at the time they are initially approved for SCL funding, the worker should immediately contact State Children's Benefits Worker (502-564-3427)
  - C. If child has a need for continued protection the following options for D. Guardianship should be considered:
    - 1. First option should always be any alternatives to Guardianship
    - 2. Second option is general guardianship which should include by order
      - a) Family
      - b) Relatives
      - c) Friends
  - D. State Guardianship is always the last option.
    - 1. Worker contacts local regional guardianship office
    - 2. Worker files the Petition to Determine if Disabled (AOC-740) in Disability Court

3. Worker gets hearing date from Disability Court Clerk (within sixty days)
4. Worker's responsibility to ensure that respondent is evaluated by the interdisciplinary team
5. Interdisciplinary team (IDT) files an evaluation of respondent ten days prior to jury trial
6. Guardianship FSOS or Designee applies for Appointment of Fiduciary (AOC-745)

**XVI** When the child turns twenty-one (21) years

- A. Complete CQA prior to case closure
- B. SSW completes all necessary case closure documentation
- C. SSW develops an Aftercare Plan
- D. All appropriate TWIST fields are completed
- E. Child is informed they are eligible for General Adult Services for one year
- F. Worker informs youth of Education Training Voucher (ETV) funding
- G. Child is notified within ten days of aging out that services are about to be terminated
- H. Court is notified of child's release from commitment two weeks prior to ending commitment

## Extended Commitment, KRS 620.140 (1)(d)

Commitment of the child to the custody of the cabinet for placement for an indeterminate period of time not to exceed his attainment of the age eighteen (18). To allow participation in state or federal educational programs or to permit the cabinet to assist the child in establishing independent living arrangements, any person who is or has been committed to the cabinet as dependent, neglected, or abused may request that the court extend or reinstate his commitment up to the age of twenty-one (21). The request shall be made prior to the person's attaining eighteen (18) years and six (6) months of age. Upon receipt of the request and with the concurrence of the cabinet, the court may authorize commitment up to the age of twenty-one (21).

Young adults can ask to extend DCBS commitment to

- Complete high school and continue peer relationships
- Get financial aid for post-secondary education or vocational training
- Continue receiving basic services that they rely on for daily needs
- Live with their foster families until 21
- To keep getting medical services through the State Health Plan and medical card

Extended commitment also provides coordination of agencies, supports and resources for youth with severe mental, physical or emotional disabilities. It gives the agencies involved extra time to work on transitioning services and finding placements in the most integrated community setting.

If a person turns 18 and is going to graduate by age 19, his medical card will continue until that time. If he is not going to graduate from high school, Medicaid coverage will end. If he does not get SSI at age 19, Medicaid coverage stops. However, for young people in extended commitment, Kentucky continues to cover medical expenses until the youth turns 21.

## Chafee Independence Program

The Chafee Independence Program helps young people, ages 18 to 21, who are in foster care or who have been in foster care. Its independent living program teaches life skills to live successfully as an adult. Tuition for postsecondary school is available as well as room and board for those no longer in foster care.

### *How does a referral get started?*

Young people, foster parents, DCBS workers and private contractors can make referrals directly to the regional Independent Living Coordinators listed in Appendix A (page 48 ). Also, see the Transition Flow Chart in Appendix F (page 78).

502-564-5995 fax

[fawn.conley@ky.gov](mailto:fawn.conley@ky.gov)

## Foster Youth Transition Assistance

This program provides grants or vouchers to youth aged 18-23 years old who are either currently or formerly in foster care. See the online Protection and Permanency Manual, SOP 7E.5.5, revised 08/01/03, [manuals.chfs.ky.gov/dcbs\\_manuals/dpp/chapters/7/7e%20cps%20ongoing%20oohc.doc](http://manuals.chfs.ky.gov/dcbs_manuals/dpp/chapters/7/7e%20cps%20ongoing%20oohc.doc).

### *What are the funds used for?*

Funds may be used to pay for transitional assistance into independence.

- Housing
- Clothing
- Transportation
- Tuition
- Medical/dental services and
- Other expenses that CHFS may authorize

### *How much money is available?*

Each fiscal year, CHFS may authorize

- Up to \$7500 for working youth and
- Up to an additional \$2500 per youth who is attending community college or a 4 year college or university

### *What kind of post-secondary schools are covered?*

Tuition waivers and assistance are available for students attending “a university, college, community college, health technology center, vocational-technical school, technical institute, technical college, technology center, or the Kentucky Community and Technical College System.” KRS 164.001(11).

### *How do I learn more?*

Fawn Conley, State Coordinator  
Chafee Independence Program  
275 East Main Street 3E-D  
Frankfort KY 40621  
502-564-2147, ext 4497

# Supports and Services

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## Assistive Technology

We all use technology such as phones, radios and computers to help in daily life. Assistive technology is a little different. It refers to devices or services that help individuals with disabilities perform a task or function better than they could without technology.

### *What AT is right for me?*

One way to find out what AT a person needs is to get an AT assessment. The Assistive Technology Resource Centers provide assessments and other services. They also provide lending libraries of equipment and help learning how to use the equipment. You can locate one by calling the Kentucky Assistive Technology Service (KATS) Network.

KATS Network  
8412 Westport Road  
Louisville KY 40242

(502) 429-7116  
(502) 327-9855 (TTD)  
<http://www.katsnet.org>

### *How can I get an AT loan?*

The Kentucky Assistive Technology Loan Corporation (KATLC) offers low interest loans for qualified applicants with disabilities who need assistive technology. Working with its lending partner, Fifth Third Bank of Kentucky, KATLC can provide loans for modified vehicles, hearing aids, adapted computers, mobility devices, augmentative communication devices or any other type of equipment or home modification that will improve the quality of life or increase the independence of Kentuckians with disabilities.

### *How can I learn more?*

Kentucky Assistive Technology Loan Corporation  
209 St. Clair Street  
Frankfort KY 40601

(877) 695-0195  
[www.katlc.ky.gov](http://www.katlc.ky.gov)

## Centers for Independent Living

Centers for Independent Living (CIL) are private, non-profit, community-based agencies largely run by people with disabilities. They provide services that promote independence. Services vary according to agency but usually include information and referral, peer counseling, advocacy, technical assistance on accessibility issues, and instruction on independent living skills. Some CILs have a personal care attendant program. Services are provided to people with all types of disabilities.

### *Center for Accessible Living*

305 W Broadway, Suite 200  
Louisville KY 40202

(502) 589-6620 (voice)

(502) 589-6690 TTY

(502) 589-3980 fax

[info@calky.org](mailto:info@calky.org)

<http://www.calky.org>

### *Center for Accessible Living*

1051 N 16<sup>th</sup> Street, Suite C  
Murray KY 42071

(270) 753-7676

(888) 261-6194

(270) 767-0549 TDD

(270) 753-7759 fax

[info@calky.org](mailto:info@calky.org)

<http://www.calky.org>

### *Disability Coalition of N. Kentucky*

523 W 5<sup>th</sup> Street, Suite 219  
Covington KY 41011

(859) 431-7668

(800) 648-6057 TTD/TTY and voice

(859) 431-7668 fax

[dcnky@fuse.net](mailto:dcnky@fuse.net)

[www.dcnky.org](http://www.dcnky.org)

*BEST CIL Inc.*

624 Eastwood Avenue  
Bowling Green KY 42103

(270) 796.5992  
(866) 286.3608  
(270)796-6630 fax

[bestcil@bestcil.org](mailto:bestcil@bestcil.org)  
[www.bestcil.org](http://www.bestcil.org)

*Pathfinders for Independent Living*

105 E. Mound Street  
Harlan KY 40831

(606) 573-5777

[pathfinders@pathfinderssilc.org](mailto:pathfinders@pathfinderssilc.org)  
[www.pathfindersilc.org](http://www.pathfindersilc.org)

*Independence Place*

824 E Euclid Avenue, Suite 101  
Lexington KY 40502

(859) 266-2807

[www.independenceplaceky.org](http://www.independenceplaceky.org)

## Community Mental Health Centers

Community Mental Health Centers provide services to youth and adults in the areas of mental health, developmental disabilities, and substance abuse.

*What services are provided?*

Services vary from area to area, but basic services include

- case management
- outpatient counseling
- supported employment
- crisis lines
- supported living case management

Some Community Mental Health Centers also offer sheltered workshops for individuals with developmental disabilities, and therapeutic rehabilitation programs for individuals with mental health diagnoses.

*How can I learn more?*

Contact the Community Mental Health Center in your area listed in Appendix B or visit [mhmr.ky.gov/cmhc](http://mhmr.ky.gov/cmhc).

## Crisis Stabilization Programs

Crisis stabilization programs provide emergency services to individuals with mental health issues. The programs vary in restrictiveness providing

- crisis assessments (an evaluation of mental and physical health status)
- intensive in-home services
- intensive outpatient services
- crisis therapeutic foster care
- crisis beds in existing residential facilities
- crisis stabilization units

Crisis stabilization units offer short-term stabilization services, usually three to ten days. Most units have six to ten beds. There are separate units for adults and children.

*How does a person get services?*

The individual must be

- in need of short-term behavior management
- at risk to being placed in a higher level of care
- able to take care of personal needs (if an adult)
- medically able to participate in services
- served in the least restrictive environment within the community

*How are services funded?*

Services may be paid for with Medicaid, Medicare, private insurance, or private pay.

*How can I learn more?*

Contact one of the Community Mental Health Centers in Appendix B or call Division of Mental Health and Substance Abuse at (502) 564-4456. You can also visit [mhmr.ky.gov/mhsas/Crisis%20Stab%20Prgms.asp?sub1](http://mhmr.ky.gov/mhsas/Crisis%20Stab%20Prgms.asp?sub1).

## General Adult Services

General Adult Services help adults become or stay self-sufficient in the community. These preventative services are voluntary. The adult has the right to refuse the interview, assessment or any services the Cabinet may offer.

*Who is eligible?*

If you are at least 18 years old and are transitioning out of foster care to adult life, you may be eligible for General Adult Services. You may also be eligible if you are at least 18 years old and were released from commitment within the past 12 months.

*What services are available?*

- Preventive services
- Counseling
- Transitional services
- Referral or coordination of services, such as arranging transportation

*How do I get General Adult Services?*

If you are an adult, you can apply for services yourself or you can ask someone else to apply for you. Call the local DCBS office and ask for Adult Protection Services. A social worker will talk to you on the phone and take all your information. Next, the social worker will interview you and submit your application for approval.

*How can I learn more?*

To find the nearest DCBS office, call (502) 564-6907 or visit [https://apps.chfs.ky.gov/Office\\_Phone/index.aspx](https://apps.chfs.ky.gov/Office_Phone/index.aspx).

## Hart-Supported Living

Hart-Supported Living (formerly called Kentucky Supported Living) gives grants to individuals with disabilities who apply for funding to pay for equipment and services that will allow them to live and be active in their home communities.

To be eligible to apply, you must have a disability that substantially limits a major life area to apply.

### *What supports can be requested?*

Supports fall into two categories: one-time requests and on-going support. Examples of one-time requests may include purchasing equipment, home modifications, and vehicle modifications. Examples of on-going support may include paying for attendant care, homemaker services, respite, and recreation or leisure activities.

### *How do I apply?*

Call your local Community Mental Health Center to speak with the Hart-Regional Supported Living Coordinator. See Appendix B.

You can also call the State Supported Living Coordinator at (502) 564-7702 or (800) 374-9146, or downloaded the application at <http://mhmr.ky.gov/mr/supportedliving.asp?sub1>.

Applications must be submitted by April 1 each year. Funds become available on July 1. Supported Living is a grant program. There is no entitlement to funds, so it is important to get your application in early.

## Home and Community Based Waiver

The Home and Community Based Waiver is a special Medicaid program that pays for extra home health services that regular Medicaid doesn't cover. The purpose of the HCBW program is to help people stay at home rather than go to a nursing home or intermediate care facility. Medicaid will cover HCBW services if a physician orders them and a home health agency participating in the HCBW program provides them. Not all home health agencies are HCBW providers.

### *What are the specific requirements?*

- You must qualify for Medicaid (the income limits are a little higher for HCBW than regular Medicaid)

- You must have health needs that are serious enough that if services weren't given in the community, you would have to go to a nursing home for skilled nursing care or would have to live in an intermediate care facility
- You must need two services that are not normally covered by Medicaid

*What services are covered?*

- Assessment
- Case management
- Homemaker services
- Personal care
- Respite
- Adult day health care
- Minor home adaptations

Home repairs are not considered as adaptations.

*How do I apply?*

Contact a home health agency in your area and ask if it provides HCBW services. You may also wish to speak with your physician or the Department for Community Based Services, Division of Family Support.

*How can I learn more?*

<http://chfs.ky.gov/dms/services/hcb/default.htm>

## Kentucky Partnership for Families and Children

The Partnership is a private, non-profit organization that provides education (to individuals' families, professionals, and public), advocacy, and outreach to groups that do not currently receive adequate services. Can serve youth to age 24.

*How can I learn more?*

(502) 875-1230 or (800) 369-0533  
[www.kypartnership.net/default.aspx](http://www.kypartnership.net/default.aspx).

## Medicaid

Medicaid provides funding for health care services to individuals with disabilities who meet certain income guidelines. Medicaid is also called Passport in some parts of Kentucky.

### *What are there limits to eligibility?*

Eligibility is based upon total household income. The following people are covered:

- Pregnant women
- Dependent children under 19
- Parents are covered if there is a dependent child and at least one parent is unable to work due to disability or illness, has left the family home, or is deceased
- Parents are covered if there is a dependent child and the adult who earned the most money within the past 2 years becomes unemployed

Individuals who draw Supplemental Security Income (SSI) automatically receive Medicaid.

### *How do I apply?*

Visit your local Department for Community Based Services, Division of Family Support office. You can find your local office by calling (502) 564-3703 or visiting [https://apps.chfs.ky.gov/Office\\_Phone/index.aspx](https://apps.chfs.ky.gov/Office_Phone/index.aspx).

### *How can I learn more?*

[www.chfs.ky.gov/dms](http://www.chfs.ky.gov/dms)

## Medicare

Medicare is a federal health coverage program that has four parts.

- Part A or Hospital Insurance—most people do not have to pay for Part A
- Part B or Medical Insurance—most people pay monthly for Part B
- Part C or Managed Care—people pay monthly for Part C
- Part D or Prescription Coverage—people pay monthly for Part D

### *What are the eligibility limits?*

You must be a citizen or permanent resident of the United States and

- 65 years of age and older or
- Under the age of 65 but have a disability or
- Have end-stage renal disease

An adult disabled before age 22 may be eligible for child's benefits if a parent is deceased or starts receiving retirement or disability benefits. This is called a child's benefit because it is paid on a parent's Social Security earnings record.

### *How do I apply?*

Applications for Medicare are made through local Social Security offices.

### *How can I learn more?*

[www.medicare.gov/Basics/Overview.asp](http://www.medicare.gov/Basics/Overview.asp)

## Model II Waiver

This Medicaid waiver provides services for those who are dependent on ventilators and would have to live in a nursing facility if they could not get services within the community.

### *What services are provided?*

- Skilled nursing services that are provided by a registered nurse or a licensed practical nurse
- Respiratory therapy

The cost of care in an out of home setting must be less than services would be in an institutional setting or Medicaid won't approve it.

### *How can I learn more?*

For the regulation that governs this waiver, visit

[www.lrc.ky.gov/kar/907/001/595.htm](http://www.lrc.ky.gov/kar/907/001/595.htm).

Contact Medicaid by visiting <http://chfs.ky.gov/dms/mwii.htm> or by calling (502) 564-5560.

## Personal Care Attendant Program

The Personal Care Attendant Program provides funding to pay for personal care attendants for people with disabilities who need it to live in the community.

*What are there limits to acceptance?*

- You must be least 18
- Have a permanent or temporary recurring functional loss of two or more limbs
- Need at least 14 hours of attendant care a week (but not more than 40)
- Be able to supervise attendants
- Be able to prepare payroll and employer tax statements

*How do I apply?*

Call the Division of Aging Services (502) 564-6930 or your local Center for Independent Living (see page 17 ). Some sites offer this service.

*How can I learn more?*

<http://www.cilo.net/Kentuckypcap.htm>

## Social Security Disability Insurance

Social Security Disability Insurance (SSDI) pays disability benefits to individuals who have worked long enough and paid Social Security taxes. Disabled children of SSDI may be eligible for payments, too. SSDI pays benefits to adult children who have a disability that began before they were 22 years old.

*How do I apply?*

Visit your local Social Security office for an application. You'll need to bring medical documentation of disability, too.

*How can I learn more?*

[www.ssa.gov](http://www.ssa.gov)

## Special Services and Equipment Fund

The Special Services and Equipment Fund gives money for services or equipment to people with a developmental disability who meet income guidelines.

*How do I apply?*

Applications are made through local Community Mental Health Centers (CMHC). See Appendix B. The CMHCs can also help you write your application.

## Supplemental Security Income

Supplemental Security Income (SSI) is a federal income supplement program that pays benefits to meet the basic needs of individuals who are 65, are blind or have another disability. Both children and adults may be considered for eligibility.

*Do eligible children automatically receive benefits when they turn 18?*

When a child turns 18, the Social Security Administration re-determines whether the child still qualifies. Eligibility criteria are different for adults than for children. If the child has an IEP through public school, the Social Security re-determination takes place after the child completes high school (between ages 18-21).

*How do I apply?*

Call your local Social Security office for an application. You'll need to take along medical and financial documentation, too.

*How can I learn more?*

[www.ssa.gov](http://www.ssa.gov)

## Supports for Community Living

This Medicaid waiver provides services to people to help them live in their homes or in the community rather than in an institution. There is currently a waiting list for Supported Community Living (SCL).

### *What supports are available?*

- Case management, which helps the individual develop and plan for services
- Residential supports
- Adult day activities outside the individual's home at a site or in the community
- Community living supports, which train and help an individual to live in his own or family's home.
- Behavior supports
- Psychological services
- Physical, occupational or speech therapy
- Caregiver respite
- Supported employment, which trains and helps individuals to find and keep a job in the community
- Specialized medical equipment and supplies

You can receive SCL while living in your own homes or with your family. Other options include a

- family home where the individual lives with a care provider.
- staffed residence where no more than 3 people live in a house with 24-hour supervision.
- group home, where no more than 8 people live together with 24-hour supervision.

### *Who qualifies?*

You must need an ICF-MR level of care. Basically, this means that you must need the kind of active treatment services typically provided by a facility whose main purpose is to furnish health and rehabilitative services to people with mental retardation and developmental disabilities. You must also be eligible for Medicaid.

### *How do I apply?*

Call (502) 564-7702 or by visit <http://mhmr.ky.gov/mr/forms.asp?sub70> for an application.

***DCBS workers should complete and submit a application for SCL and a written request for emergency SCL funding for youth committed to DCBS prior to the youth turning age 20½.***

*Who are SCL providers?*

You can find services at

<http://mhmr.ky.gov/KDMHMRS/OnlineProviderDirectory.asp>.

*How can I learn more?*

Call (502) 564-7702 or (800) 374-9146.

## Therapeutic Rehabilitation Programs

Therapeutic rehabilitation programs (TRP) are day programs (also called clubhouses) for people with persistent, severe mental health diagnoses. TRPs provide activities to help them live independently in the community.

*What services are provided?*

Participants help run the clubhouse and organize the activities to learn how to live, learn and work in the community. Funding is from Medicaid and the Division of Mental Health and Substance Abuse. There are over 70 TRP sites in Kentucky.

*What is a Social Club Drop-In Center?*

These centers help provide opportunities for social acceptance, friendships and leisure activities for adults with several mental illness. There's no stable funding base for drop-in centers, you can only find them in a few counties.

*How can I learn more?*

Contact your local Community Mental Health Center for more information. See Appendix B for a list.

## Education

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### Community Based Work Transition Program

The Community Based Work Transition Program provides a positive beginning in the world of work for students in special education during their last two years of high school. It serves students having a range of abilities

who need personalized support exploring potential careers, pursuing challenging work experiences, maintaining employment, and seeking job advancements in their communities. The program provides transition services through instruction, community experiences, employment, and functional vocational evaluation. It is a cooperative effort between participating local school districts, the Kentucky Department of Education, Office of Vocational Rehabilitation, the Kentucky Department for the Blind, and the Human Development Institute at the University of Kentucky.

*How can I learn more?*

Meada Hall, Program Director  
(859) 977-4050 x 228 or (859) 519-6256  
[Meada.Hall@uky.edu](mailto:Meada.Hall@uky.edu).

## Kentucky Department of Education

The Kentucky Department of Education is a service agency of the Commonwealth of Kentucky. The department provides resources and guidance to Kentucky's public schools and districts as they implement the state's K-12 education requirements. The Division of Exceptional Children Services handles all aspects of special education programs in public schools.

*How can I learn more?*

Visit the KDE website at [www.education.ky.gov](http://www.education.ky.gov).

## Kentucky Special Education Cooperative Network

The Kentucky Special Education Cooperatives provide many services to schools to help students transition to adulthood. Each cooperative has a transition consultant. To get more information, ask your local school to invite its educational cooperative to your next Individualized Education Plan (IEP) meeting.

*How can I learn more?*

Visit the Network at Kentucky Department of Education, [www.kde.state.ky.us](http://www.kde.state.ky.us), and enter "coop network" in the search box.

## Programs covered in other sections

For more information about education helps, see

- Chaffee Independence Program, page 14
- Commission on Children with Special Health Care Needs, page 30
- Foster Youth Transition Assistance, page 15
- Kentucky Autism Training Center, page 43
- Job Corps, page 39
- Office of Vocational rehabilitation, page 41

## Healthcare

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### Commission for Children with Special Health Care Needs

The Commission offers medical diagnosis and treatment to youth with disabilities under age 21. It also works closely with the young people it serves to help them from

- school to work
- pediatric to adult health care
- living at home to independent living

Some Commission clinics offer resource rooms with computer and Internet access, books and software about preparing for college, and information about self care and other related materials.

The Commission and DCBS have partnered to provide nurses to team with DCBS social workers who work with medically fragile children. The nurse and the social worker will conduct monthly home visits together, and the nurse can assist with the child's health plan, education plan, and transition plan.

*How can I learn more?*

Commission for Children with Special Health Care Needs  
982 Eastern Parkway  
Louisville KY 40217

(800) 232-1160

(502) 595-4459

<http://chfs.ky.gov/ccshcn>

## Underwood and Lee Dental Clinic

The Underwood and Lee Clinic at Hazelwood ICF-MR in Louisville specializes in dental care for people with developmental disabilities.

*What services are provided?*

Basic dental services are provided.

- Cleaning
- Fillings
- Extractions

Referrals to outside practitioners are made for more specialized services such as periodontal and orthodontia.

*How are services funded?*

Services are funded through Medicaid, private insurance, and private pay.

*How can I learn more?*

Call the Underwood and Lee Clinic at (502) 368-2348.

## Programs covered in other sections

For more information about healthcare, see

- Medicaid, page 23
- Medicare, page 23

## Living arrangements

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### Community Housing for Persons Diagnosed with Serious Mental Health Issues

#### *Private pay*

Community housing offers transitional and permanent independent living arrangements within the community. The apartments have mental health staff members on site to assist tenants. Apartments are primarily private pay but some have rental assistance.

A list of providers is in Appendix C. You may wish to contact the Division of Mental Health and Substance Abuse's Housing Coordinator for the most current listing (502) 564-4456.

#### *Vouchers*

The Kentucky Housing Corporation offers "Safe Place," a voucher program to assist persons with mental health diagnoses who are leaving shelters or marginal housing situations. Individuals receive case management through the Community Mental Health Centers and other services through local agencies while being assisted in securing more permanent housing.

#### *How can I learn more?*

Call KHC at (502) 564-7630 or visit [www.kyhousing.org/page.asp?sec=72&id=474](http://www.kyhousing.org/page.asp?sec=72&id=474).

### Family Care Homes

Family care homes are licensed private homes that provide supervision and personal care services to individuals who need some help with self-care, but who do not require constant medical care or skilled nursing services. Family Care Homes

- supervise self-administration of medications
- store medications
- arrange therapy and medical services
- provide dietary services

- assist the person living there with achieving and maintaining good personal hygiene

No more than 3 people over the age of 18 that are not related to the home operator can live in a family care home.

### *What are the acceptance criteria?*

To live in a family care home, it doesn't matter whether you can walk or not, but if you use a wheel chair you must be able to transfer yourself from your wheel chair to your bed. You must be able to manage most of the activities of daily living, which are the activities that people do every day. These include self-care, communication and socialization.

### *How are services funded?*

Services are funded primarily through private pay.

### *How can I learn more?*

Read the family care home regulations at [www.lrc.ky.gov/kar/902/020/041.htm](http://www.lrc.ky.gov/kar/902/020/041.htm).

To find currently licensed family care homes, visit <http://chfs.ky.gov/oig/directories.htm> and click on the "Family Care Home Directory."

Local DCBS offices may be contacted for additional information about specific local Family Care Homes. To find the nearest DCBS office, call (502) 564-6907 or visit [https://apps.chfs.ky.gov/Office\\_Phone/index.aspx](https://apps.chfs.ky.gov/Office_Phone/index.aspx).

## Housing Resource Guides

Two excellent resource guides are available through Kentucky Housing Corporation. These include "Assisted Rental Housing in Kentucky" and "Kentucky Rents." For a copy call the Kentucky Housing Corporation at (502) 564-7630 or visit [www.kyhousing.org](http://www.kyhousing.org).

Section 8 rental assistance helps low-and very low-income families get decent, safe and sanitary housing in private accommodations. Tenants can take their assistance with them if they decide to move to another approved unit. HUD makes up the difference between what a low- and very low-income household can afford and the approved rent for an adequate housing unit. You can apply for Section 8 assistance through the Kentucky

Housing Corporation in most rural counties (800) 633-8896) or to local public housing authorities in larger urban areas.

Public housing authorities sponsor rent assisted multi-family rental housing in most communities around the Commonwealth. Eligible households generally pay 30% of their income for rent. Rental assistance is tied to the housing unit, instead of tenant based rental assistance which is tied to the family.

"Assisted housing" generally means housing which is designed for low and very-low income households and which is typically rent assisted. Examples of assisted housing include the Farmer's Home Administration (FmHA) Section 515 program, the HUD 202 program for the elderly, the HUD 811 program for persons with disabilities, and the HUD 236 program for the elderly. The Kentucky Housing Corporation publishes a directory of available assisted housing by county.

## Intermediate Care Facilities for Individuals with Mental Retardation (ICFs/MR)

ICFs/MR are licensed facilities for individuals who have developmental disabilities and need a nursing facility level of care.

### *What services are provided?*

Individuals are entitled to active treatment and services outlined in their individual support plans. Some of these include

- case management.
- therapy (physical, occupational, speech, and mental health).
- medication administration.
- personal care.
- assistance with activities of daily living.
- recreation and leisure.
- community habilitation.

### *What is active treatment?*

Active treatment is a planned program in which individuals learn fundamental living skills, obtain educational experiences that will be useful in self supporting activities and increase awareness of their environments.

*How can I learn more?*

For a listing of currently licensed ICFs/MR, visit <http://chfs.ky.gov/oig/directories.htm> and click on “Long Term Care Directory.”

## Nursing Facilities

Nursing facilities or nursing homes provide intensive nursing services to individuals who require 24-hour medical supervision.

*What services are provided?*

Nursing facilities provide intensive supervision, medical and therapeutic services based on an individual’s needs.

*What are the limits to acceptance?*

You must need on a daily basis high-intensity nursing care services or high-intensity rehabilitation services. Also, services can only be provided on an inpatient basis. If you do not meet these criteria, a nursing facility would not be a good place to live.

*How can I learn more?*

For the regulation on the nursing facility level of care criteria visit [www.lrc.ky.ov/kar.907/001/022.htm](http://www.lrc.ky.ov/kar.907/001/022.htm) and look at Section 4.

For a list of licensed nursing facilities, visit <http://chfs.ky.gov/oig/directories.htm> and click on the “Long-Term Care Directory.”

## Personal Care Homes

Personal care homes provide residents

- a room
- meals and dietary services
- housekeeping
- help taking medication
- laundry
- help in keeping good personal hygiene

People who live in personal care homes can also get home health services.

*What are there limits to acceptance?*

- You must be 16 years old or older
- You must be mobile (either able to walk or able to use a wheelchair)
- You must be able to manage most of the activities of daily living.

*What are activities of daily living?*

These are activities that people do every day. These include taking care of yourself, communicating and socializing with other people.

*How are they funded?*

Personal care homes are funded Medicaid, private insurance, and private pay.

*How can I learn more?*

For the regulations that govern personal care homes, visit [www.lrc.ky.gov/kar/902/020/036.htm](http://www.lrc.ky.gov/kar/902/020/036.htm).

For a listing of currently licensed personal care homes, visit <http://chfs.ky.gov/oig/directories.htm> and click on the “Long-Term Care Directory” or “Freestanding Personal Care Home Directory.”

## Legal issues

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### Court Appointed Special Advocates

Court Appointed Special Advocates (CASA) is an organization that recruits and trains volunteer community members who advocate for children who have been removed from their homes due to abuse or neglect or dependency. The CASA volunteer

- serves as a fact-finder for the judge by thoroughly researching the background of the child’s case.
- speaks on behalf of the child in the courtroom.
- acts as a watchdog for the child during the duration of the case.

The average length of time a CASA volunteer advocates for a child is one to two years. In addition to researching the case record, the volunteer speaks to everyone involved in the child’s life, including family members, teachers, doctors, lawyers, social workers and others.

*How do I learn more?*

Contact the local CASA organization in your area listed in Appendix C.

## Guardianship (and alternatives)

Guardianship is a legal determination by court that an individual is unable to handle her personal affairs. This is different than being incompetent to stand trial on criminal charges.

*How does it happen?*

Any interested person can file a petition stating that another person is unable to handle her own affairs and needs a guardian. The judge reviews the petition and orders an evaluation. The evaluation team is usually made up of a social worker, a physician and a psychiatrist.

After the evaluation, there is a hearing. The individual is appointed an attorney to represent her. She has the right to be present at the hearing. She also has the right to a trial by jury.

In court, the judge or jury will then decide

- whether the individual needs a guardian
- if there is a need, what level of guardianship the person needs
- a person or agency to act as guardian

*What are the levels of guardianship?*

In a full guardianship, the person loses all legal rights. The guardian makes all legal and financial decisions.

In a limited guardianship, the individual loses some legal rights. The will decide which rights are taken away. The limited guardian controls only the specific areas determined by the court.

In a conservatorship, the individual retains all rights, except control over finances.

*What some alternatives to guardianship?*

An individual can give a power of attorney to another person. The individual must say, in writing, what she needs help with and name the person who will help her. For a power of attorney to still work if the individual becomes incapacitated, it must be durable; that is, it must say that it lasts even if the person is no longer able to make decisions for herself.

A representative payee is a person or an agency that the Social Security Administration designates to be in charge of any money it issues to an individual through SSI or SSDI payments.

Another alternative is using checking accounts that require two signatures. Banks can create an account that will require two signatures on each check.

Finally, sometimes a person may only need a little extra training to be able to take care of herself. Different service providers train individuals on decision making, and financial planning and responsibility.

*How can I learn more?*

Get a copy of “Thinking about Guardianship?” from P&A. Call (502) 564-2967 or (800) 372-2988 or visit [www.kypa.net](http://www.kypa.net).

## Mental Health Advance Directives

A Mental Health Advance Directive is a legal form in which an individual can give specific instructions or preferences about future mental health treatment. It’s like a living will for mental health care.

*What goes in an Advance Directive?*

People can say which medications and treatments they do or do not want if they are in a crisis and cannot communicate for themselves or make voluntary decisions. A person can also designate a trusted person who is allowed to make decisions regarding care if the individual becomes incapacitated.

*Does the hospital have to follow these instructions?*

“An advance directive for mental health treatment shall be honored in any setting except a hospital emergency room or a hospital emergency department that is required to honor [a living will advance directive, instead].” KRS 202A.422. A copy of the form should be provided to the hospital upon or close after admission.

*How can I learn more?*

Read the law at [www.lrc.ky.gov/krs/202a00/422.pdf](http://www.lrc.ky.gov/krs/202a00/422.pdf). Also, you can contact Protection and Advocacy at 502-564-2967 or 800-372-2988 for a form or download one at [www.kypa.net/drupal/taxonomy/term/173](http://www.kypa.net/drupal/taxonomy/term/173).

Contact the Kentucky Consumer Advocacy Network (KYCAN) at (502) 245-5281.

## Employment

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### Employment Options

**Independent, competitive or non-supported employment** is full or part time work that you obtain on your own or with the help of an employment specialist. It is work that you can keep without the aid of ongoing supports. Jobs are in typical community businesses and wages are at or above the minimum wage.

**Supported employment** offers customized job supports to help you decide what job is best for you, get the job, learn the job, and keep the job. Career supports are also included. All jobs are in the community, in integrated settings where people with and without disabilities work, and where wages are at or above minimum wage. Ongoing supports make this kind of employment helpful to people with severe disabilities.

**Sheltered employment** is work that is performed in a controlled environment, where people with disabilities work together in a non-integrated setting, and where wages are generally below the minimum wage based on work performance. Sometimes sheltered workshops provide training that leads to supported employment or independent employment.

**Self-employment or small business enterprises** are when you are in business for yourself. Or you might carry on a trade or business as a sole proprietor or and independent contractor. If you do any of these things, you would consider yourself to be self-employed. If this is something you would like to consider, the Office of Vocational Rehabilitation might be able to assist you in exploring self-employment options, based on eligibility. See page 41.

### Job Corps

Job Corps is a US Department of Labor program. It offers education and vocational training for youth aged 16-24 who meet income guidelines. Students may receive their high school diploma or GED through the program.

Students may choose among 100 different training areas. Not all sites provide all disability-related training programs, however.

*How do I get started?*

Call (800) 733-5627. The operator will put you in contact with a local admissions counselor and send you an informational packet.

You can also visit the Job Corps disABILITY website, <http://jcdisability.jobcorps.gov/index.htm>.

*Do students have to live at Job Corps sites?*

It depends. Some Job Corps Centers accept non-resident as well as residential students.

*Where is Job Corps in Kentucky?*

Carl D. Perkins Job Corps Center

478 Meadows Branch  
Prestonsburg KY 41653

(606) 886-1037

Earl C. Clements Job Corps Center

2302 US Hwy 60 East  
Morganfield KY 42437

(270) 389-2419

Frenchburg Job Corps Civilian Conservation Center

Highway 77  
Mariba KY 40322

(606) 768-2111 or (886) 718-4843

Great Onyx Job Corps Civilian Conservation Center

3115 Ollie Ridge Road  
Mammoth Cave KY 42259-9801

(270) 286-4514

Muhlenberg Career Development Center

3875 State Route Highway 181 North  
Greenville KY 42345

(270) 338-5460

Pine Knot Job Corps Civilian Conservation Center  
PO Box 1990  
US Highway 27  
Pine Knot KY 42635-1990

(606) 354-2176

Whitney M. Young, Jr. Job Corps Center  
8460 Shelbyville Road  
Simpsonville KY 40067

(502) 722-8862

## Vocational Rehabilitation

Vocational Rehabilitation services help people go to work. They are provided through the Kentucky Office of Vocational Rehabilitation (OVR) or the Kentucky Office for the Blind (OFB). Both agencies offer a wide range of services to help people with disabilities go to work.

An eligibility process is used to determine if you will qualify for services. This is based on federal and state guidelines for eligibility.

Services that you might be eligible for include:

- Tuition for various training programs, including college, skills specific, voc-tech, and other
- Rehab technology
- Supported employment services
- Job selection, career planning, and placement services
- Exploration of self-employment goals
- Independent living services

OFB helps people with vision impairments. OVR helps with other disabilities. If you have a vision impairment and another disability, OFB and OVR will work together to decide how to help you best. Sometimes, both agencies will work with you.

### *How do I apply?*

You must be old enough to work by the time you complete rehabilitation services. Both OVR and OVB will work with your public school to provide School-to-Work Transition Services.

To qualify, you must answer yes to these questions.

- Do you have a physical, mental or visual disability?
- Does your disability affect your ability to get or keep a job?
- Do you need rehabilitation services in order to get or keep a job?

To see if you are eligible, contact a local office OVR or OVB office. Counselors can meet with you in any county. There is no waiting list for services.

### *Carl D. Perkins Vocational Training Center*

Located in Thelma, the Perkins Center trains people for employment and independence. Students may live on or off campus. Services include physical, occupational and speech therapies; vocational evaluation; and attendant care. Classes cover a variety of areas including child care, maintenance, cosmetology, and printing/publishing. Residential students can attend classes through the Kentucky Community and Technical College Systems Paintsville and Prestonsburg campuses. For more information contact your local OVR office or call (606) 788-7080 or (800) 443-2187.

### *Charles W. McDowell Rehabilitation Center*

The McDowell Center in Louisville offers medical evaluation, counseling, independent living skills training, and vocational evaluation, training, and job placement help to people with vision impairments. Call (502) 429-4460 for information.

### *How can I learn more?*

Office of Vocational Rehabilitation  
(800) 372-7172 or (888)-420-9874 TTY  
<http://www.ovr.ky.gov/>

Office for the Blind  
(800) 321-6668  
<http://www.blind.ky.gov/>

# Disability-specific resources/ supports/ programs

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## Autism

### *Kentucky Autism Training Center*

The Kentucky Autism Training Center provides information, training, and assistance regarding autism and autism spectrum disorders. It is a program of the University of Louisville.

What services are provided?

The Center offers technical assistance and consultation in three main areas: school-based, community-based, family technical assistance and training activities.

- Staff members can work directly with school special education teams on how to address a child's needs. The Center can also give workshops to school systems or individual schools.
- The Center can give presentations on autism in the community and teach strategies on working with individuals who have autism. KATC's resource library is available to parents, professionals, and other community members. KATC also offers a resource directory of autism related supports and services.
- Staff members provide families with an overview of resources and possible interventions. Workshops with presentations by KATC staff members are also an option for families.

How can I learn more?

Call (502) 852-5555 or (800) 334-8635 or visit [www.louisville.edu/kyautismtraining](http://www.louisville.edu/kyautismtraining).

## Brain injury

### *Acquired Brain Injury Waiver*

The Acquired Brain Injury (ABI) Waiver is a home and community-based Medicaid waiver that pays for services to individuals who have brain injury caused by

- physical trauma;
- absence or lack of oxygen to tissue (anoxia/hypoxia); or
- allergic reaction, exposure to poisonous materials, or an acute medical event

What are the other eligibility criteria?

The person must

- be between the ages of 21 and 65
- require nursing facility level of care, but be medically stable
- have rehabilitation or retraining potential for cognitive, behavioral, motor or sensory damage
- have a desire to live within the community
- have a rating of 4 or above on the Rancho Los Amigos (RLA) Levels of Cognitive Functioning, see Family Guide to The Rancho Levels of Cognitive Functioning, [www.rancho.org/patient\\_education/bi\\_cognition.pdf](http://www.rancho.org/patient_education/bi_cognition.pdf)
- be Medicaid eligible

What is covered?

- Case management
- Behavioral services
- Companion services
- Community residential services
- Counseling services
- Occupational therapy
- Personal care services
- Respite
- Speech, hearing and language services
- Structured day programming
- Supported employment
- Specialized medical equipment and supplies

How do I apply?

Contact your local Department for Community-Based Services, Division of Family Support office. To find this number, call 502-564-3703 or visit [https://apps.chfs.ky.gov/Office\\_Phone/index.aspx](https://apps.chfs.ky.gov/Office_Phone/index.aspx).

Some ABI Waiver providers

*Center for Comprehensive Services (CCS)*  
800-203-5394

Community based services are provided in Paducah KY, and community based and residential services are provided in Carbondale IL  
[www.ccs-rehab.com](http://www.ccs-rehab.com)

*Radical Rehab Solutions*  
877-706-2511

Community based services, supported living services and transitional living program services are provided in Ashland KY  
[www.radicalrehab.com](http://www.radicalrehab.com)

*Stepping Stones*  
502-245-3774 or 800-222-7747

Community based and residential services are provided in Louisville KY  
[www.cchk.org/steppingstones.asp](http://www.cchk.org/steppingstones.asp)

*Brain Injury Association of Kentucky*

The Brain Injury Association of Kentucky (BIAK) provides support and services to people with brain injury and their families.

What services are provided?

BIAK sponsors support group meetings, distributes informational packets to families and provides advocacy for individuals with brain injuries.

How can I learn more?

7410 New LaGrange Road, Suite 100  
Louisville KY 40222  
800-592-1117, ext. 223  
502-493-0609  
502-426-2993 fax

[www.biak.us](http://www.biak.us)

## *Brain Injury Services*

Cardinal Hill Healthcare System

859-254-5701

In-patient program in Lexington KY with outpatient rehab and re-entry into home, school, work and the community

[www.cardinalhill.org](http://www.cardinalhill.org)

Frazier Rehab Brain Injury Program

502-582-7490

Inpatient program in Louisville KY with outpatient rehab and re-entry into home, school, work and the community

[www.jewishhospital.org/carecenters/re\\_sp\\_brain.asp](http://www.jewishhospital.org/carecenters/re_sp_brain.asp)

Pathways at Christopher East

502-459-8900

A 32-bed skilled nursing brain injury rehabilitation program located at Christopher East Health Care Facility in Louisville

## *Traumatic Brain Injury Trust Fund*

The TBI Trust Fund provides support and funding to individuals with traumatic brain injuries.

Who is eligible?

Individuals who do not have money to pay for needed services and whose brain injury was caused by

- physical trauma
- absence or lack of oxygen to tissue (anoxia/hypoxia)
- allergic reaction
- exposure to poisonous materials
- an acute medical event

What services are available?

- Case management
- Community Residential Services
- Companion Services

- Occupational Therapy
- Prevocational Services
- Respite
- Speech/language therapy
- Structured day program
- Supported employment
- Psychological services

What isn't covered?

Medication, institutionalization, hospitalization, and services for anyone in an institution or hospital

What are the benefit limits?

- \$15,000 per person per year
- \$60,000 lifetime maximum

How do I apply?

Call or contact Eckman/Freeman & Associates and a caseworker will help you.

800-447-4984

859-273-8107

[info@kybraininjuryfund.org](mailto:info@kybraininjuryfund.org)

[www.kybraininjuryfund.org](http://www.kybraininjuryfund.org)

## Deafness

### *Kentucky Commission on Deaf and Hard of Hearing*

The Kentucky Commission on Deaf and Hard of Hearing (KCDHH) helps individuals who are deaf and hard of hearing.

It provides legislative advocacy on behalf of people who are deaf or hard of hearing. It also offers information and referral, advocacy, and interpreter referral services. KCDHH also produces two publications, maintains a resource library, and manages a telecommunications access program for eligible Kentuckians.

KCDHH sponsors the annual Kentucky DeaFestival.

How can I learn more?

Kentucky Commission on Deaf and Hard of Hearing  
632 Versailles Road  
Frankfort KY 40601

(502) 573-2604

(800) 372-2907

<http://www.kcdhh.ky.gov/>

## Self-advocacy

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## Appendices

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### A. Chafee Independent Living Coordinators

#### *Barren River*

Sheila Butler

DCBS

1010—1020 State Street

PO Box 10177

Bowling Green KY 42101-4777

(270) 746-7447 phone

(270) 746-7456 fax

sheila.butler@ky.gov

#### *Bluegrass—Fayette*

Chorya Sloan Morton

DCBS

2050 Creative Drive, Suite 160

Lexington KY 40505

(859) 246-2266 phone

(859) 246-2196 fax

chorya.sloan@ky.gov

*Bluegrass—Rural*

TBN

*Central Office—Project Administrator*

Fawn Conley

Mail Stop 3C-E

275 East Main Street

Frankfort KY 40621

(502) 564-2147, ext 4497 phone

(502) 564-5995 fax

fawn.conley@ky.gov

*Central Office—Training Aide*

Bonnie Darnall

Mail Stop 3C-E

275 East Main Street

Frankfort KY 40621

(502) 564-2147 phone

(502) 564-5995 fax

bonnie.darnall@ky.gov

*Cumberland Valley*

Elsbeth Cobb

DCBS

300 South Kentucky Street

P O Box 560

Corbin KY 40701

(606) 528-4234 phone

(606) 526-9713 fax

elsbethb.cobb@ky.gov

*FIVCO—Big Sandy*

Carrie Wagoner

DCBS

1539 Greenup Avenue, Suite 301  
Ashland KY 41101-2589

(606) 920-2032 phone

(606) 920-2033 fax

carrie.wagoner@ky.gov

*Gateway—Buffalo Trace*

Connie Lee

DCBS

101-B Clark Street  
PO Box 386  
Flemingsburg KY 41041

(606) 845-2381 phone

(606) 845-9004 fax

connie.lee@ky.gov

*Green River*

Denny Lee

DCBS

311 W. Second Street  
Owensboro KY 42301

(270) 687-7491 phone

(270) 687-7004 fax

denny.lee@ky.gov

*Kentucky River*

Elspeth Cobb

DCBS

50 Fesser Clark Circle

PO Box 845  
Hindman KY 41822  
(606) 785-3106 phone  
(606) 785-0970 fax  
elspethb.cobb@ky.gov

*KIPDA—Jefferson*

TBN  
DCBS  
908 West Broadway, 9 East  
Louisville KY 40203  
(502) 595-5159 phone  
(502) 595-3068 fax

*Lake Cumberland*

Charlene Hecht  
DCBS  
59 Hustonville Street  
P O Box 659  
Liberty KY 4253  
(606) 787-8369 phone  
(606) 787-5485 fax  
charlenee.hecht@ky.gov

*Lincoln Trail*

Kenneth Ingram  
DCBS  
916 North Mulberry Street  
P O Box 39  
Elizabethtown KY 42701  
(270) 766-5099 phone  
(270) 766-5155 fax  
kenneth.ingram@ky.gov

### *Northern Kentucky*

Romin Carey

DCBS

624 Madison Avenue

Covington, Kentucky 41011

(859) 292-6340, ext 2021 phone

(859) 292-6527 fax

romin.carey@ky.gov

### *Purchase—Pennyrile*

Ron Campbell

DCBS

Recruitment & Certification

333 Charles Drive

Mayfield KY 42066

(270) 247-2979 phone

(270) 247-6416 fax

ron.campbell@ky.gov

## B. Community Mental Health Centers

### *Four Rivers Behavioral Health*

425 Broadway

Paducah KY 42001

(270) 442-7121

(800) 592-3980 crisis line

<http://www.4rbh.org>

Counties served: Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Livingston, Marshall, and McCracken

### *Pennyroyal Regional Center*

735 North Drive

Hopkinsville KY 42240

(270) 886-5163

(877) 473-7766 or in Christian County (270) 881-9551 crisis line

<http://www.pennyroyalcenter.org>

Counties served: Caldwell, Christian, Crittenden, Hopkins, Lyon, Muhlenberg, Todd, and Trigg

*RiverValley Behavioral Health*

1100 Walnut Street  
Owensboro KY 42301

(270) 689-6500

<http://www.rvbh.com>

For all first appointments and referrals to RiverValley Behavioral Health outpatient services, call Point of Entry: (270) 683-4039 or (800) 769-4920.

Counties served: Davies, Hancock, Henderson, McLean, Ohio, Union, and Webster

*Lifeskills, Inc.*

PO Box 6499  
Bowling Green KY 42102-6499

(270) 842-0161

(800) 223-8913 crisis line

<http://www.lifeskills.com/>

Counties served: Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson, and Warren

*Communicare, Inc.*

320 Ring Road  
Elizabethtown KY 42701

(270) 769-5301

[www.communicare.org](http://www.communicare.org)

Counties served: Breckinridge, Grayson, Hardin, Larue, Marion, Meade, Nelson, and Washington

*Seven Counties Services, Inc.*

3717 Taylorsville Road  
Louisville KY 40220

24-hour crisis line: (800) 221-0446 or  
(502) 589-4313/ TDD (502) 589-4259

<http://www.sevencounties.org>

Counties served: Bullitt, Henry, Jefferson, Oldham, Spencer, Shelby, and Trimble

*NorthKey Community Care*

1201 South Ft. Thomas Avenue  
Ft. Thomas KY 41075

(859) 781-5586

24-hour crisis line: (859) 331-3292 or toll-free (877) 331-3292

[www.northkey.org](http://www.northkey.org)

Counties served: Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen, and Pendleton

*Comprehend, Inc.*

741 Kenton Station Road  
Maysville KY 41056

(606) 759-7161

(888) 328-0470

(877) 852-1523 after hours

[www.comprehendinc.com](http://www.comprehendinc.com)

Counties served: Bracken, Fleming, Lewis, Mason, and Robertson

*Pathways, Inc.*

P.O Box 790  
Ashland KY 41105-0790

(606) 329-8588 or (800) 562-8909

[www.pathways-ky.org](http://www.pathways-ky.org)

Counties served: Bath, Boyd, Carter, Elliott, Greenup, Lawrence, Menifee, Montgomery, Morgan, and Rowan

*Mountain Comprehensive Care Center*

104 South Front Avenue  
Prestonsburg KY 41653

(606) 886-8572

[www.mtcomp.org](http://www.mtcomp.org)

Counties served: Floyd, Johnson, Magoffin, Martin, and Pike

*Kentucky River Community Care, Inc.*

115 Rockwood Lane  
Hazard KY 41701

(606) 436-5761

(800) 262-7491 crisis line and TTY/TDD

<http://www.krccnet.com>

Counties served: Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry, and Wolfe

*Cumberland River Comprehensive Care Center*

P.O Box 568  
Corbin KY 40702

(606) 528-7010

[www.cumberlandriver.com](http://www.cumberlandriver.com)

Counties served: Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle, and Whitley

*Adanta*

259 Parkers Mill Road  
Somerset KY 42501

(606) 679-7348

(800) 633-5599 crisis line and TTD/TTY

<http://www.adanta.org>

Counties served: Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, and Wayne

*Bluegrass MH /MR Board*

1351 Newtown Pike  
Lexington KY 40511

(859) 253-1686 phone

(859) 255-4866 fax

(800) 928-8000 crisis line

<http://www.bluegrass.org>

Counties served: Anderson, Bourbon, Boyle, Clark, Estill, Fayette, Franklin, Garrard, Harrison, Jessamine, Lincoln, Madison, Mercer, Nicholas, Powell, Scott, & Woodford

## C. Community Housing for Persons Diagnosed with Serious Mental Health Issues

*Region 1—Four Rivers*

Fuller Apartments  
1535 Cuba Road  
Mayfield KY

12 Units

Permanent Housing

Call Lisa Delaney, (270) 247-8735

*Region 1—Four Rivers (Private Ownership)*

Supported Apartments  
420 North 16th Street  
Paducah KY

4 Units

Permanent Housing

Call Jeff Dalton, (270) 442-7121

*Region 1—Four Rivers (Private Ownership)*

415 North 6th Street  
Paducah KY

4 Units

Permanent Housing

Call Jeff Dalton, (270) 442-7121

*Region 2—Pennyroyal*

Olmstead House  
Hopkinsville KY

3 Units

Permanent Housing with Staff Support

Call Charles Tilley, Regional Housing Developer, (270) 886-5163

*Region 2—Pennyroyal*

Duplex  
Princeton KY

2 Units

Permanent Housing

Call Charles Tilley, Regional Housing Developer, (270) 886-5163

*Region 2—Pennyroyal*

Duplex  
Hopkinsville KY

2 Units

Permanent Housing

Call Charles Tilley, Regional Housing Developer, (270) 886-5163

*Region 2—Pennyroyal*

Tenant Based Rental Assistance

Scattered site

Permanent Housing

Call Charles Tilley, Regional Housing Developer, (270) 886-5163

*Region 2—Pennyroyal (Private Ownership)*

Site— Village Square Apartments, 300 South Main Street  
Hopkinsville KY

10 Units

Permanent Housing with Staff Support

Call Charles Tilley, Regional Housing Developer, (270) 886-5163

*Region 3—River Valley*

Supported Housing Program  
Owensboro & surrounding counties

Scattered Sites

Permanent Housing Access

Call Bill Quig, (270) 683-0438

*Region 3—River Valley*

Independent Living Apartments  
1508 Frederica Street, Owensboro KY

12 Units

Permanent Housing/Independent Living

Call Bill Quig, (270) 683-0438

*Region 3—River Valley*

Independent Living Apartments  
Henderson KY

20 Units

Permanent Housing/Independent Living with staff support

Call Linda Singer, The New Place, (270) 826-1978

*Region 4—LifeSkills*

Supported Housing Program  
Bowling Green & surrounding counties

13 Units, Scattered Sites

Permanent Housing Access, Targeted rental assistance

Call Anita Turner, (270) 901-5000 ext. 1223

*Region 4—LifeSkills*

Shelter + Care

Tenant Based Rental Assistance

Scattered Sites

Permanent Housing

Call Anita Turner, (270) 901-5000 ext. 1223

*Region 5—Communicare*

Countryside Apartments

653 Westport Road

Elizabethtown KY

15 Units

Permanent Housing/Independent Living

Call Henry Combs, (270) 769-1304

*Region 5—Communicare*

Ashberry Terrace Apartments

149 Wilble Blvd.

Bardstown KY

10 Units

Permanent Housing/Independent Living

Call Henry Combs, (270) 769-1304

*Region 6—Seven Counties (Wellspring)*

Ardery House

Louisville KY

16 Units

Transitional Housing

Call Bonnie Taylor, (502) 635-1570

*Region 6—Seven Counties (Wellspring)*

Journey House  
Louisville KY

8 Units

Transitional Housing/ Homeless women with MI/SA  
Call Bonnie Taylor, (502) 635-1570

*Region 6—Seven Counties (Wellspring)*

Broadway House  
1155 East Broadway  
Louisville KY

8 Beds

Congregate Living/"Community Residential"  
Call Bonnie Taylor, (502) 635-1570

*Region 6—Seven Counties (Wellspring)*

Concord Apartments  
3337 Breckinridge  
Louisville KY

4 Units

Supportive Housing for women  
Call Bonnie Taylor, (502) 635-1570

*Region 6—Seven Counties (Wellspring)*

Shelbyville Apartments  
Shelbyville KY

4 Units

Permanent Housing/Independent Living  
Call Bonnie Taylor, (502) 635-1570

*Region 6—Seven Counties (Wellspring)*

Clover Hill Apartments  
Dixie Highway  
Louisville KY

8 Units

Permanent Housing/Independent Living

Call Bonnie Taylor, (502) 635-1570

*Region 6—Seven Counties (Wellspring)*

Patrick Henry Apartments

7330 Patrick Henry Road

Louisville KY

8 Units

Permanent Housing/Independent Living

Call Bonnie Taylor, (502) 635-1570

*Region 6—Seven Counties (Wellspring)*

Amity Apartments

1782 Dixdale Drive

Louisville KY

12 Units

Permanent Housing/Independent Living

Call Bonnie Taylor, (502) 635-1570

*Region 6—Seven Counties (Wellspring)*

Wellspring Apartments

846 South 6th Street

Louisville KY

12 Units

Permanent Housing/Independent Living

Call Bonnie Taylor, (502) 635-1570

*Region 6—Seven Counties (Wellspring)*

Locher Alley Apartments

Louisville KY

2 Units

Permanent Housing

Call Bonnie Taylor, (502) 635-1570

*Region 6—Seven Counties (Wellspring)*

Single Family Homes

6 Units

Permanent Housing

Call Bonnie Taylor, (502) 635-1570

*Region 6—Seven Counties*

Jefferson Street Baptist

Louisville KY

20 Units

Permanent Housing

Call Bonnie Taylor, (502) 635-1570

*Region 6—Seven Counties*

Shelter Plus Care Program

(Jefferson County Community Development Division)

Scattered Sites

Permanent Housing Access/Section 8 Rental Assistance in Jefferson County (for homeless adults with disability)

Call Rebecca Watkins, (502) 574-5148

*Region 6—Seven Counties (Volunteers of America)*

Woodgreen Apartments

Louisville KY

22 Units

Permanent Housing/Independent Living

Call Solomon Morgan, VOA, (502) 491-3610

*Region 6—Seven Counties (Volunteers of America)*

Shelby Men's Center

1436 S. Shelby

Louisville KY

8 Beds

Transitional (for homeless men)  
Call Carlos Jessie, VOA, (502) 636-0742

*Region 7—NorthKey*

Greenup House  
Greenup Street  
Covington KY

19 Units

Permanent Housing with 24 Hour On-Site Staff Support  
Call Mari Kass, (859) 431-1888

*Region 7—NorthKey*

Tenant Based Rental Assistance  
Scattered Sites

Permanent Housing

Call Mari Kass, (859) 431-1888

*Region 8—Comprehend*

Stoneleigh Apartments  
Maysville (Comprehend Properties)

30 Units

Permanent Housing/Independent Living  
Call Kate Stahl, (606) 564-4016

*Region 8—Comprehend*

PHS

11 Units

Homeless

Call Kate Stahl, (606) 564-4016

*Region 9/10—Pathways*

Pollard Place  
Marcia Street  
Ashland KY.

15 Beds

Group Home with 24 Hour On-Site Staff Support

Call Adele Mosley, (606) 324-1141

*Region 9/10—Pathways*

Sterling Oaks

Mt. Sterling KY

3 Units

Permanent Housing

Call Adele Mosley, (606) 324-1141

*Region 9/10—Pathways*

Evergreen Square

Moore Street

Ashland KY

15 Units

Permanent Housing

Call Adele Mosley, (606) 324-1141

*Region 11—Mountain*

Duplex

Paintsville KY

2 Units

Special Needs Housing with CM

Call Judy Music, (606) 886-8572

*Region 11—Mountain*

Tenant Based Rental Assistance

Scattered site

Rental assistance for persons with SMI

Call Judy Music, (606) 886-8572

*Region 11—Mountain*

Housing Developer  
Prestonsburg KY

Scattered Sites

Permanent Housing Access

Call Judy Music, (606) 886-8572

*Region 12—Kentucky River*

Sun Valley Apartments  
Hindman KY

16 Units

Supportive Housing

Call Phillip Hardin, (606) 666-9006

*Region 12—Kentucky River*

Townview Apartments  
Jackson KY

17 Units

Supportive Housing

Call Phillip Hardin, (606) 666-9006

*Region 12—Kentucky River*

Wolfe Apartments  
Campton KY

4 Units

Supportive Housing

Call Phillip Hardin, (606) 666-9006

*Region 12—Kentucky River*

Eilerman House  
Booneville KY

4 Units

Supportive Housing

Call Phillip Hardin, (606) 666-9006

*Region 12—Kentucky River*

Shelter Plus Care Program  
(Kentucky River ADD/KHC)

Scattered Sites

Permanent Housing Access/Section 8 Rental Assistance (for homeless adults with disabilities)

Call Phillip Hardin, (606) 666-9006

*Region 12—Kentucky River*

Grapevine Apartments  
Hazard KY

4 Units

Emergency Housing

Call Sheila Roark, (606) 436-5761 ext.7233

*Region 12—Kentucky River*

La Citadel  
Hazard KY

2 Units

Emergency Housing

Call Sheila Roark, (606) 436-5761 ext.7233

*Region 12—Kentucky River*

Beatty Manor  
Beattyville KY

3 Units

Emergency Housing

Call Sheila Roark, (606) 436-5761 ext.7233

*Region 13—Cumberland River*

Transition House  
Harlan KY

8 Beds

Transitional Living

Call Adam Rutherford, (606) 574-0096

*Region 13—Cumberland River*

Phoenix House

Corbin KY

15 Beds

Transitional Living

Call Clinton Hammack, (606) 528-7010

*Region 13—Cumberland River*

Regional Housing Developer

Corbin KY

N/A

Permanent Housing Access

Call David Goodin, (606) 528-7010

*Region 14—Adanta*

McCreary Apartments

Sterns KY

2 Units

Permanent Housing

Call Lisa Palmer, (606) 679-4782

*Region 14—Adanta*

Transitional Duplexes

Columbia KY

4 Units

Transitional Housing

Call Lisa Palmer, (606) 679-4782

*Region 14—Adanta*

Tenant Based Rental Assistance

20 Slots, Scattered sites  
Permanent Housing  
Call Lisa Palmer, (606) 679-4782

*Region 14—Adanta*

Regional Housing Developer  
Columbia KY

N/A

Permanent Housing Access  
Call Lisa Palmer, (606) 679-4782

*Region 15—Bluegrass*

Bivens Place Apartments  
Richmond KY

10 Units

Permanent Housing/Independent Living  
Call Manager, (859) 626-9065

*Region 15—Bluegrass*

Rall Place Apartments  
Danville KY

12 Units

Permanent Housing/Independent Living  
Call Manager, (859) 936-9800

*Region 15—Bluegrass*

Lincoln Place Apartments  
Stanford KY

4 Units

Permanent Housing/Independent Living  
Call Manager, (859) 936-9800

*Region 15—Bluegrass*

Franklin Place Apartments  
Frankfort KY

12 Units

Permanent Housing/Independent Living

Call Manager, (502) 227-8879

*Region 15—Bluegrass*

Supervised Apartment Program  
3525 Tates Creek Road, Apt. 30  
Lexington KY

23 Beds

Supervised Apartments/"Community Residential"

Call Sandy Marshal, (859) 245-1832

*Region 15—Bluegrass*

Regional Housing Developer  
Lexington KY

N/A

Permanent Housing Access

Call Barbara Witten, (589) 253-1686 ext.572, [bjwitten@bluegrass.org](mailto:bjwitten@bluegrass.org)

*Region 15—Bluegrass*

Housing Support Services, Bluegrass

Scattered Sites

Permanent Housing Access

Call Christie Bland, (859) 253-1686

*Region 15—Bluegrass*

Hope Center, Inc.  
Lexington KY

8 Units

Permanent Housing (SRO) with On-Site Staff Support

Call Doug Huntsman, (859) 252-7881

*Region 15—Bluegrass*

New Beginnings  
Bluegrass, Inc.  
Lexington KY

3 Beds

Permanent Housing/Shared Living, and Independent Living

Call Mary Beth Darnell, (859) 260-1879

*Region 15—Bluegrass*

Canaan House  
South Broadway Park  
Lexington KY

8 Units

Permanent Housing (SRO) with On-Site Staff Support

Greg Jackson, (859) 255-2611

*Region 15—Bluegrass*

Canaan House II  
Bluebird Lane  
Lexington KY

3 Beds

Permanent Housing with Staff Support

Call Greg Jackson, (859) 255-2611

## D. Court Appointed Special Advocates

*Boone County*

Boone County CASA  
2989 Washington Square, 2<sup>nd</sup> floor  
Burlington KY 41005  
(859) 586-1222  
dmullins@boonecountyky.org

*Boyd County*

Childwatch CASA of Boyd County  
1544 Winchester Avenue, Suite 901  
Ashland KY 41101  
(606) 324-6444  
boydcasa@alltel.net  
www.childwatchcasa.com

*Boyle County*

CASA at Woodlawn  
1151 Perryville Road  
Danville KY 40422  
(859) 936-3481  
casa@ccc1884.org  
www.casaatwoodlawn.org

*Bullitt County*

CASA Program for Bullitt County  
319 S. Buckman Street  
PO Box 1025  
Shepherdsville KY 40165  
(502) 434-4554  
(888) 957-2272  
casabullittco@windstream.net

*Calloway County*

CASA of Calloway County  
Calloway County Bd. of Education  
305 North 4<sup>th</sup> Street  
Murray KY 42701  
(270) 761-0164  
casacc@murray-ky.net

*Clark County*

Clark County Children's Council  
120 S. Main St, 2<sup>nd</sup> Floor  
PO Box 4192  
Winchester KY 40392  
(859) 745-1905  
childrenscouncil@bellsouth.net

*Daviess County*

CASA of Daviess County  
PO Box 763  
Owensboro KY 42302  
(270) 683-2138  
dccasa@mindspring.com

*Fayette County*

CASA Project of Lexington  
115 Cisco Road  
Lexington KY 40504-1107  
(859) 253-1581  
www.lexingtoncasa.com

*Franklin County*

Franklin County CASA  
321 West Main Street  
Frankfort KY 40601  
(502) 875-0702  
franklinctycasa@fewpb.net

*Graves County*

Graves County Child Advocacy Program, CASA  
427 E. Broadway  
PO Box 5200  
Mayfield KY 42066

(270) 251-2060 ext. 10  
childadv@vci.net

*Henderson County*

Henderson County CASA  
537 S Green Street  
Henderson KY 42420  
(270) 830-8400  
www.cacgrd.org

*Hopkins County*

CASA Program of Hopkins County  
228 S. Main Street  
PO Box 444  
Madisonville KY 42431  
(270) 825-1582  
hccasa@bellsouth.net

*Jefferson County*

CASA of Jefferson County  
514 W Liberty Street, Rm. 139  
Louisville KY 40202  
(502) 595-4911  
info@casajc.org  
www.casajc.org

*Lincoln County*

28th Judicial Circuit CASA  
4160 US 27 South  
Stanford KY 40484  
(606) 365-0919  
baileywjerry@aol.com

*Madison County*

CASA of Madison County  
1219-B Lexington Rd  
Richmond KY 40475  
(859) 625-1900  
madisoncasa@bellsouth.net  
www.madisoncasa.org

*Mason County*

CASA Program for Bracken, Fleming, and Mason Counties  
The Mason County Judicial Building  
PO Box 631  
Maysville KY 41056-7431  
(606) 563-7431  
casa@maysvilleky.net

*McCracken County*

Childwatch Children's Advocacy  
1118 Jefferson Street  
PO Box 1262  
Paducah KY 42002-1262  
(270) 443-1440

*Nelson County*

NELCASA, Inc.  
57<sup>th</sup> Judicial District  
PO Box 726  
Bardstown KY 40004  
(503) 348-1892  
casa1985@bardstown.com

*Warren County*

CASA of South Central KY  
933 State St, Ste 201  
PO Box 867

Bowling Green KY 42101  
(270) 782-5353  
casaofsck@bellsouth.net  
www.casaofsck.org

## E. Advocacy Organizations

*Association of University Centers on Developmental Disabilities*

[www.aucd.org/](http://www.aucd.org/)

*Arc of Kentucky*

833 E. Main Street  
Frankfort KY 40601

(502) 875-5225

[www.arcofky.org](http://www.arcofky.org)

*Council on Mental Retardation*

The Council is an association of families and friends of persons with mental retardation with a 50 year history of advocacy involvement including parent outreach and citizen advocacy programs.

(502) 584-1239

[www.councilonmr.org](http://www.councilonmr.org)

*GuardiaCare*

This is a private, non-profit agency that provides financial management services, adult day health, and caregiver programs in the Louisville area.

(502) 585-9949

[www.guardiacare.org](http://www.guardiacare.org).

*Kentucky Consumer Advocate Network*

A non-profit support and advocacy group for individuals with mental health diagnoses.

(502) 245-5281

[kycan@iglou.com](mailto:kycan@iglou.com)

### *Kentucky Council on Developmental Disabilities*

The council advocates creating change through visionary leadership and advocacy so that people have choices and control over their own lives.

(877) FOR-KDDC (Voice/TTD)

<http://chfs.ky.gov/kcdd/>

### *Kentucky Disabilities Coalition*

A statewide alliance of consumer, family, and professional groups advocating for a better life for all Kentuckians with disabilities.

(502) 875-1871

[www.geocities.com/kydisabilitiescoalition/](http://www.geocities.com/kydisabilitiescoalition/)

### *Kentucky Foster Adoptive Care Association*

The Kentucky Foster Adoptive Care Association (KFACA) is an advocacy group made up of foster and adoptive parents and professionals.

Phyllis Hurley, President

(270) 442-3709

### *Kentucky Organization for Foster Youth*

The Kentucky Organization for Foster Youth (KOFFY) is a state-wide group open to youth currently and formerly in foster care. The group provides an opportunity for former and current foster youth to educate the public and policy makers about the needs of youth in foster care. It also provides a mentoring program and a speaker's bureau. Membership is open to any current or former foster youth, regardless of age. To find out more, contact your regional Independent living Coordinator in Appendix A.

### *Kentucky Protection and Advocacy*

Protects and advocates for the rights of persons with disabilities who reside in Kentucky.

(502) 564-2967 or (800) 372-2988 message line and TTY

[www.kypa.net](http://www.kypa.net)

### *Kentucky Self-Advocates for Freedom*

A grassroots organization that promotes self-advocacy for individuals with developmental disabilities.

[www.kyselfadvocates.org/](http://www.kyselfadvocates.org/)

*Kentucky TASH*

Dedicated to making inclusive, quality educational and adult services for people with severe intellectual disabilities.

(859) 257-3560

<http://www.tash.org/chapters/kentucky.htm>

*Recovery, Inc.*

This mental health consumer-run organization based in Covington works to empower and support individuals with mental health diagnoses.

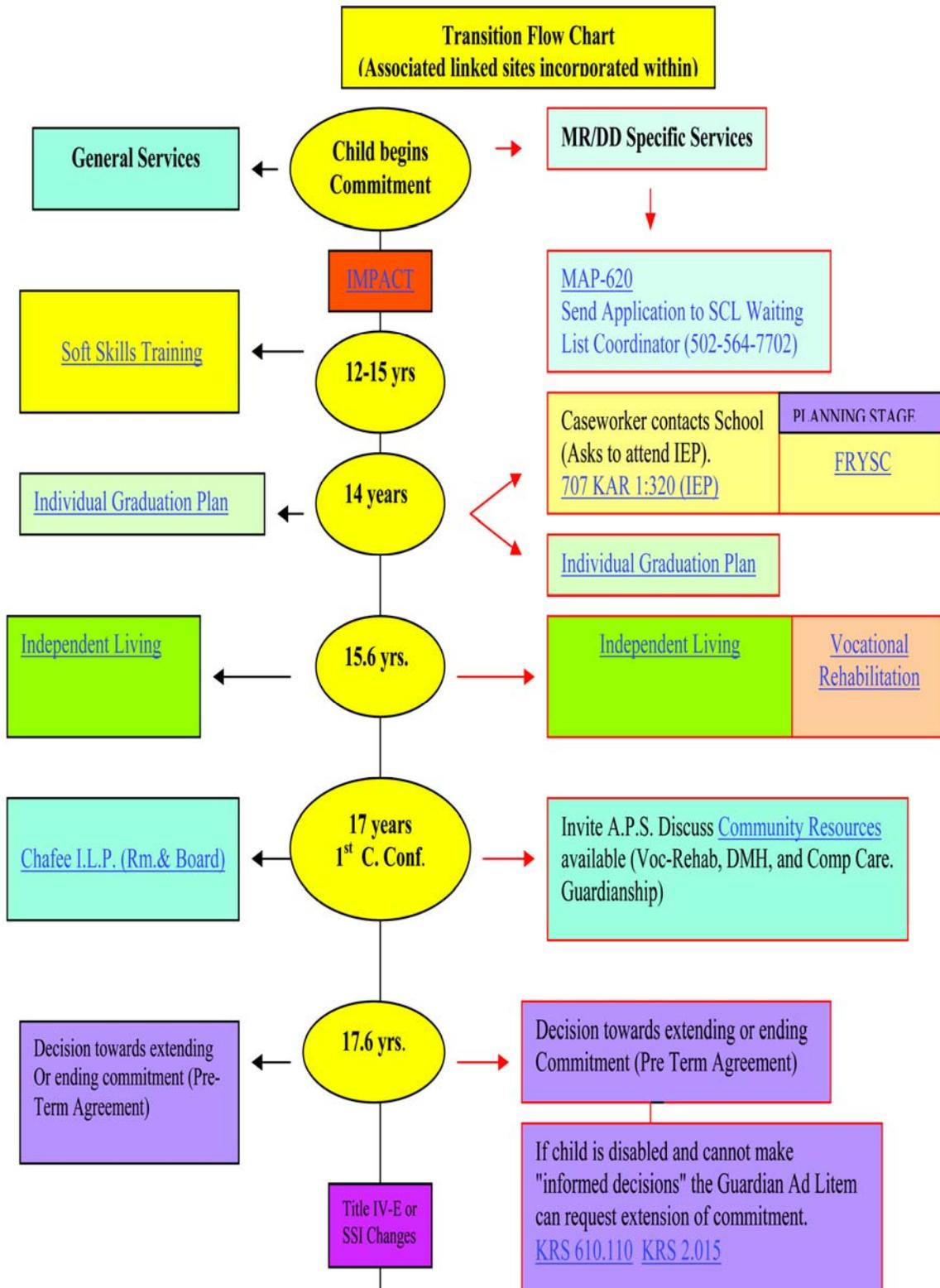
(859) 431-2134

*TASH Disability Advocacy Worldwide*

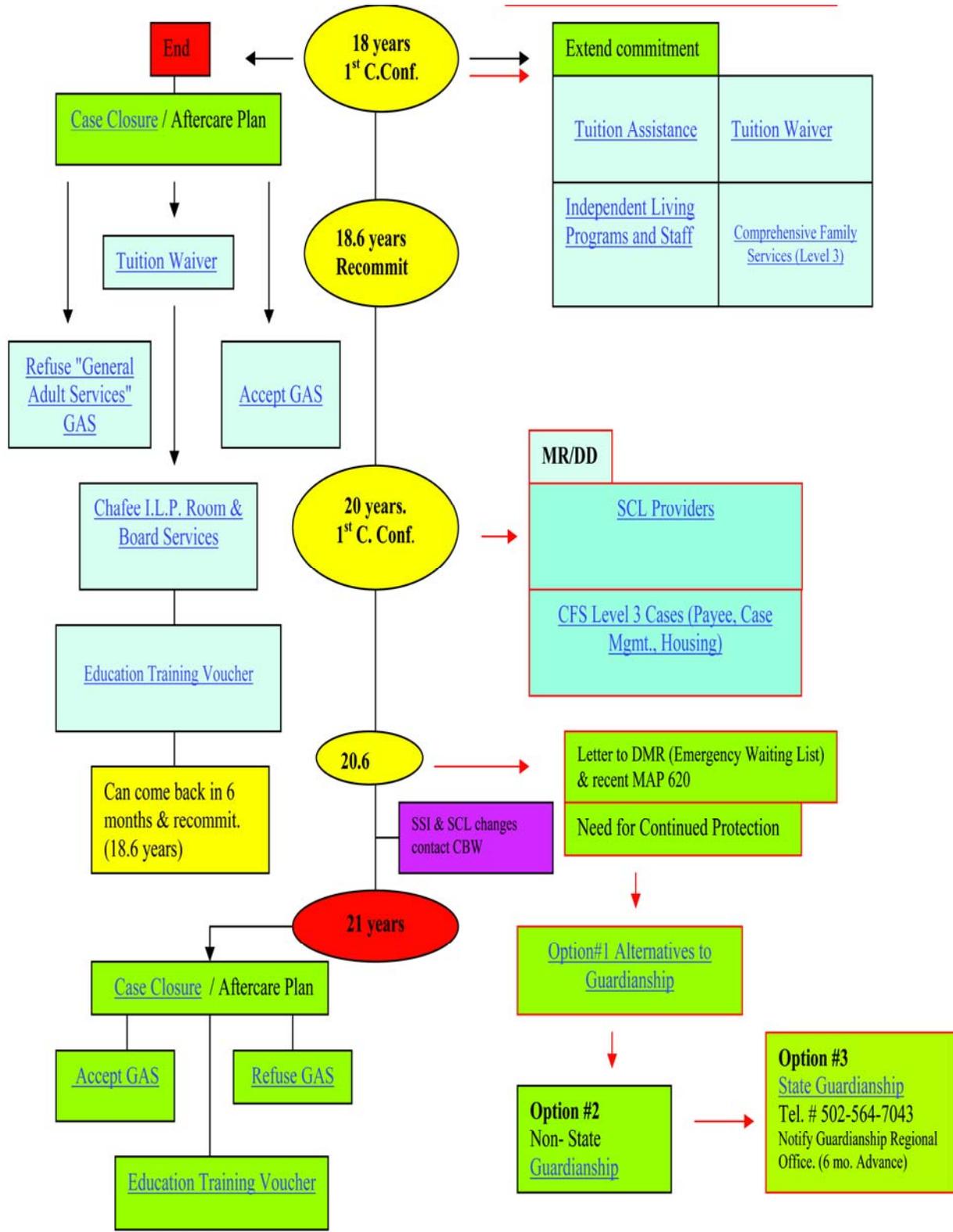
(410) 828-8274

<http://www.tash.org/>

# G. Transition Flow Chart







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